



SCHOOL NEWS

- * A look back at Homecoming
- * Seniors say cheese!
- * Orchestra - Evening of Strings
- * Sidney Wrestling Boosters Event
- * Chess Club
- * SHS Choirs
- * Sidney FCCLA Projects
- * Students Serving Sidney
- * Buzzing through time
- * Guidance Office News
- * Veteran's Award - TV Productions
- * German Octoberfest
- * Bits, Bytes, and Books - Library
- * Writer's Corner

SCHOOL SPIRIT

- * Pictures
- * SHS Cheerleading

STUDENT LIFE

- * Halloween History, Fun, Nutrition
- * As a matter of fact - by Betty

THE ARTS

- * Art Murals
- * SHS Marching Band

ENTERTAINMENT

- * Word of the Day Crossword
- * Happenings at the Hive

A look back at Homecoming

BY SAMANTHA MOONEY

Another homecoming has come and gone. The 2008 homecoming, "Under the Sea," consisted of more than just the dance on Saturday night, it also included a parade, soccer games, the Varsity Football game, and powderpuff games.

The activities started off with the parade on September 25th, starting at Holy Angels and ending at the high school for the Varsity Boys soccer game. It also included the float competition. The juniors took home the prize (the pride of a job well done) for the best float, with the freshmen taking second, followed by the sophomores, and the seniors in last place –most likely due to the invisible float. The next night the crowning of Homecoming King and Queen took place. The queen candidates were: Kerri Adkins, Jalee Clendenin, Tessa Davis, Sasha Hoover, Jessica "Petey" Griffis, Marissa Clark, and Virginia Mummey. The King candidates were: Wes Eppley, Killian Roddy, Danny Neth, Justin Stewart, Josh Topp, and Lamar Taborn. Game night began with the crowning of Lamar Taborn as King and Tessa Davis as Queen. The Yellow Jackets Varsity Football team took on the Fairborn Skyhawks and walked away with an exciting win and a score of 42-14. The dance the next night was a success, and everyone looked great. The DJ played a variety of music and everyone danced. Erin EnYart, SHS senior said, "I had a good time hanging out and dancing with my friends." The Powderpuff games were played on Monday, September 29th at the SHS stadium. First the freshmen played the sophomores, with the sophomores coming out on top with a score of 7-0. Then the juniors and seniors played each other in an intense game with the seniors winning the game 14-7. In the end the sophomores played the seniors in a close game that ended with the seniors winning with a very close score of 14-13. The seniors got the t-shirts. Go SENIORS!



Seniors say cheese!

Don't Forget - Senior Pictures October 30th!



BY CAMILLE YERKEY

In the past, seniors have been asked to submit their own senior pictures to the yearbook, but this year seniors will have their yearbook picture taken at SHS by Lifetouch. The changes have come about because of the quality of the senior section in the yearbook and also due to the many students' families, who in the past, have had trouble making the February deadline.

In addition to problems making sure everyone had submitted their picture; each studio has a different "traditional" backdrop, different angles, distance, lighting, and quality, making the senior section of the yearbook very incohesive and difficult to see the individuals in senior section. Having the pictures taken at the high school saves families the expense of paying for the traditional pose required for the yearbook and allows for every student to have the same opportunity of having a quality senior picture for the year-

book, not just the families that can afford a professional photographer. All seniors will have their picture taken at no cost and, if they would like, are also able to purchase a package from Lifetouch. Prices and ordering information will be given out soon and will reflect similar school picture prices, but at senior picture quality.

All Seniors will be asked to dress-up for their picture, males should be in a dress shirt and tie, and females in a dress-up blouse or top. No bare shoulders or tiny straps, no hoodies, or t-shirts will be allowed. Every student will be able to see and make sure that they like their picture before walking away. The individual pictures will take place after the formal group shot which is at 7:30AM in the big gym. There will be a retake day, February 12th, for those who miss the October 30th picture.

Read The Sidney Buzz Online

http://www.sidney.k12.oh.us/schools/shs/news_events.htm

Orchestra to perform in Evening of Strings concert

BY THOMAS KIMBLER

The Sidney High School Orchestra will be performing at the 40th anniversary of the Evening of Strings on October 21, 2008 at 7pm at Centerville High School. The Evening of Strings concert allows for schools in the Miami Valley to perform pieces together in combinations of teamed schools. The location of the event has rotated throughout the Valley since the concert began. This concert, in its 40 year long performance record, has allowed for a number of students to perform and many members of the community to experience an evening of music.

There will be seven orchestras involved in this year's event, each playing in groups of two or three for the performance. Sidney will be accompanied by Bellefontaine and Troy High School for their performance. Within the schools teamed together, each school has been able to choose one of the songs that their team will play for a total of 3 songs. At the end all seven orchestras will play a finale piece directed by Neal Gittleman, a guest conductor from the Dayton Philharmonic Orchestra.

The high school orchestra has been working hard, practicing each school day and sometimes also after school to prepare the music for this and other performances. Students find that all of the hard work is also fun and a great way to spend time with friends while also learning music. The Sidney High School Orchestra encourages and hopes that music lovers of all kinds will come out to a concert and support the SHS Orchestra. For additional information about the SHS Orchestra, joining the orchestra, or upcoming performances, contact Rebecca Wulber, SHS Orchestra Director for grades 5-12.

SHS Choirs

BY SASHA HOOVER

Sidney High School Choir is made up of six choirs, all directed by Amanda Hughes. The Choirs are as follows: Freshman Choir, Girls Glee, Men's and Women's Choir, Symphonic Choir, and Chamber Choir. Most students start at Freshman Choir and work their way up to Symphonic.

Symphonic Choir is a large group made up of sophomore, junior, and senior boys. Girls Glee is a sophomore girls group that helps to prepare them for Symphonic. Men's and Women's Choir require tryouts and are large group choirs of students from all four grade levels. Chamber Choir is made up of selected students from Symphonic Choir who also participate in Men's or Women's choir. All Sidney High School students who participate in choir perform a wide variety of music

multiple times throughout the year. They put on four concerts throughout the school year, and participate in OMEA large group contest. Symphonic, Men's, and Women's choir will all be traveling to Toronto, Canada this spring to perform in a large group contest.

Honors credit is offered to juniors and seniors who participate in choir. However, they have to participate in a wide variety of musical events throughout the year. Some students in choir also participate in OMEA Solo and Ensemble contest, and take voice lessons throughout the school year.



Sidney Wrestling Boosters Club to hold wrestling tournament

BY HILLARY FISHBAUGH

SHS will be hosting an open wrestling tournament for all ages on October 19th as a fundraiser for the Sidney Wrestling Boosters club. Weigh-ins will start at 7:30AM and go through 9:30AM, and the wrestling matches will start soon after. The entry fee is \$13 for pre-registered participants, and \$15 if participants register late. There will also be a \$5 charge for extra weight classes. Entry to the event will be \$1.00 for students and \$2.00 for adults, or a family pass for \$5.00. Equipment that will be

required is wrestling shoes, uniform or singlet preferred, however, close-fitting trunks and gym shoes will be permitted. Head gear is optional. There will be 6 divisions with ages ranging from 6 and under to 18 and over. All weights are welcome, including heavy weight. There will be medals for 3 places.

For additional information, or if you have any questions, contact John Hosack at (937) 492-7059. To download the registration form, go to www.ohiowrestler.com.

Chess mates, come one, come all! Check it out!

BY CHAD BLUE

Chess Club, advised by Mr. Whitman in room A124, will be starting in early November this year, and will end in the spring. The amount of people in Chess Club varies week by week, but it is usually around 20 students. Anyone can join, simply by coming to a meeting. Chess Club is always on Wednesdays and lasts until around 4:00, unless there is an announcement that says other-

wise.

Mr. Whitman says, "Chess club offers kids a mental challenge in a friendly, competitive environment. [Chess Club] philosophically teaches strategies they can use to solve problems in their daily lives." Chess Club has been here at SHS for decades, giving students chances to meet new people, and try a new, challenging game.

Projects planned to honor troops

Information provided by SHS FCCLA

Sidney FCCLA (Family, Career and Community Leaders of America) will be participating in State Projects called FREEDOM (FCCLA Recognizing the Endless Effort of Dedicated Ohio Military) and Operation EVERGREEN. Evergreen will send a Christmas tree and our student-made ornaments to those in the military.

At the final home football game on October 17th members will be at the entrances to the stadium with banners to sign for encouragement to the troops

and boxes to collect personal products to send. Suggestions for the boxes include wipes, personal care products, phone cards, contact lens solution, eye drops, aspirin, etc., balls and games.

Future activities for the FCCLA students include traveling to Troy H.S. for the Upper Valley FCCLA District Rally on Nov. 5, and the National Cluster Meeting in Cincinnati on Nov. 22. Students also plan to decorate a tree at the Historical Society and help at the Charity League Craft Bazaar on Nov. 1.

What is Students Serving Sidney and what do they do?

BY JENNA BRANAM

Students Serving Sidney (SSS), one of the many clubs at Sidney High, is an organization of students who do different activities around town that help to benefit Sidney. The advisor of this club is Mrs. Olding and the team leaders are seniors, Marissa Clark, Alivia Kaylor, Sam Young, Kristen Roby, and Jessica Boller. A student involved in SSS has to have a minimum of twelve volunteer hours at the end of the year to be considered an active member. To obtain these hours, students can do various activities throughout the year.

One activity coming up is the Wilma Valentine Creative Learning Center Fall Festival Day, which is October 31, where the children of Wilma Valentine CLC spend the day at Sidney High School. Paired with an SHS SSS Student, the children get to go trick-or-treating in the school and participate in other planned activities. Other Students Serving Sidney events that have already happened are the Memory Walk, in which participants walked around the court square to raise money for the Alzheimer's Association, and the Whittier Mumfestival,

which was a festival at Whittier with games and prizes. Throughout the year there will be many more activities that will involve students in helping members of the school and community. Students interested in becoming a member should just stop by Mrs. Olding's room or come to one of the meetings held on Wednesdays after school, which also take place in Mrs. Olding's room. It is not too late to join, and students are always welcome, so come to a meeting and feel free to bring a friend.

Octoberfest at the Hive

BY THOMAS KIMBLER

Foreign Language Club held Octoberfest or Oktoberfest as spelled in German at the hive earlier this month. There were reenactments of traditional German Octoberfest events and had a variety of food and drinks, such as German pop, Spezi. Part of the German food was a wedding cake to celebrate the wedding of King Ludwig I and Princess Therese portrayed by senior John Hess and junior Conelia Dixon.

Oktoberfest is held every year in Germany to honor the marriage of King Ludwig I and Therese of Bavaria. In honor of the wedding there is a big horse race the next day. It is held in Theresienwiese which would be just like a fair ground in America, and was named after Princess Therese. At the wedding they eat and drink traditional foods that have been around for hundreds of years and dress in their Lederhosen and Dirndl. However not everyone dresses up for the event, most just do it to have fun like children would dress like pilgrims or Indians for Thanksgiving.

As for the Oktoberfest at the Hive it's a little different than the big German celebration. While there was the traditional food and drink, there was no dressing up. We had cake for the

wedding, and we had a big horse race with prizes. Everyone in foreign language club loves it whether they speak German or not because it's just a big festival. So when late September and early October rolls around

next time stop by and have a wurst and grab a cup of Spezi.

--Foreign Language Club meets weekly usually on Tuesdays.

News from the Guidance Office

BY SAMANTHA MOONEY

Thursday October 16th

* College Rep. Visit from Bowling Green State University- 8:30-9:30 a.m.

Monday October 21st

* College Rep. Visit from Heidelberg College- 2:00-2:30 p.m.

Wednesday October 22nd

* College Rep. Visit from Defiance College- 11:00 a.m. -12:00 p.m.,

* College Rep. Visit from Ohio Dominican University- 1:00-2:00 p.m.

October 25th

* ACT Test

October 27th-October 31st - OGT Testing (11th and 12th grade)

October 31st- Deadline for the Coca-Cola Scholarship

November 3rd-5th- OGT make-up testing

Tuesday November 11th

* College Rep. Visit from Otterbein College- 12:45-2:00 p.m., Parent

* Teacher Conferences- 4:30- 8:00 p.m. Two hour early dismissal

Wednesday November 12th

* College Rep. Visit from Adrian College- 10:30-11:30 a.m.

Thursday November 13th-

* College Rep. Visit from Shawnee State University- 8:30-9:30 a.m., Parent

Teacher Conferences- 2:30-6:00 p.m., two hour early dismissal

November 19th- PLAN Test for sophomores.

Sign up in the office if you would like to take this. It will be periods 1-4.

Buzzing Through Time

A look back at SHS...

BY BAILEY CARTER

50 years ago...

1959 Homecoming

Theme-none

Queen- Sue Spangler

King-none

Interesting Fact- 3 of SHS teachers are related to the 9th Sidney High School homecoming queen. Sue Spangler is the mother of Mrs. Kelly Walker, and the aunt of Mr. Joe Spangler and Mrs. Brooke Gessler.

20 years ago...

1989 Homecoming

Theme- Stairway to Heaven

Queen- Laura Jameson

King- Shane Cagle

10 years ago...

1999 Homecoming

Theme Unknown

Queen-Marie Turner

King-Brett Helman

Did you know?

The five teachers that have worked here the longest are:

33 Years

Mr. Jeff Neikirk

Mr. Bob Tenney

32 Years

Mr. Tony Wagner

31 Years

Mr. Tom Roll

30 Years

Ms. Maggie Williams

VETERANS VIDEO HONORED IN COLUMBUS

BY CAMILLE YERKEY

The Sidney High School TV Productions class, taught by Mrs. Amy Gleason, created a Veterans video project last year that was recently honored at an awards presentation in Columbus, Ohio.

The Shelby County Historical Society nominated the group for The Ohio Historical Award, an award given to people who promote local history, because of their outstanding work on the project that took about a year, including the summer, to complete. The video was shown to the student body last April at an all-school assembly and also was displayed in the Ross Historical Society.

To create the project each student had to read a book that was related to the project, interview a veteran, transcribe what each veteran said, go through hours of WW2 raw

footage, put everything together, write scripts, and finally edit. The Sidney High School students involved in the project included seniors Jarrod Woodbury and Travis Martin, junior Corbin Henson, and 2008 graduates Michael Seeger, Mark Ahrens, Kelly Eley, Allison Slonaker.

The award also included the TV Productions Class' weekly radio program titled "One minute of Shelby County History". The students researched historical information on the Shelby County Historical Society website, wrote a one-minute summary, then traveled to WMVR to record them. The program played several times throughout the week.

Students taking TV productions in 2010 will be involved with a similar project involving Vietnam Veterans.



WRITERS CORNER

The Influence of a Father

BY KYLEIGH REEDY

Completed in Mrs. Gleason's Advanced Communications Class

Diligent, responsible, and trustworthiness are just a few words that perfectly describe my father. Wayne Anthony Bowser. I called him around four in the afternoon. He answered the phone by the third ring. I was about to interview a person who has their fair share of experiences in the work force.

My dad started to work at Reliable Castings around the age of nineteen. He works there with his father and younger brother. He received his first training course only by people that worked there. He started out making around ten to twelve dollars an hour. He soon decided that he wanted to further his career, so he started going to different states for schooling. He mostly went to Chicago and Michigan. With the money he earned, he paid the bills and took very good care of his family. Shortly after starting his job, he learned to use more discretion and follow the important safety precautions. This helped a lot so he wouldn't get injured. He also learned that being honest and punctual are very important characteristics for holding a job. Now my dad is a supervisor at Reliable Castings and he makes about twenty dollars more an hour than when he first started. He also helps run one of the departments there. I am very proud of him.

I learned very important things during this interview. My dad thinks that students should have a job while they are in school because it teaches them to be more responsible (but students shouldn't overdo it). He thinks that students should work hard because it really does pay off. My dad also stated that while some students may have jobs or be in extra curricular activities, grades should be their first priority while they are in school. I not only look up to him because he is my dad, but because he has always been a big influence to me.

BITS, BYTES, AND BOOKS

BY BAILEY CARTER

Library News

Students! Don't forget!

You need your student ID to come to the library!

The library will be closed for part of the day during OGT week, October 27th - 31st.

Check out the October library display! See if you can guess what the display is about!

TOP TEN BOOKS CHECKED OUT FROM THE SHS LIBRARY

- The Twilight series by Stephanie Meyer**
- The Inheritance series by Christopher Paolini**
- A Child Called It series by Dave Pelzer**
- Daughters of the Moon series by Lynne Ewing**
- Speak by Laurie Halse Anderson**
- Monster by Walter Dean Myers**
- The Left Behind series by Tim Lahaye & Jerry B. Jenkins**
- Of Mice and Men by John Steinbeck**
- 1st Degree by James Patterson**
- My Sister's Keeper by Jodi Picoult**

SHS TRAINERS 2008-2009



GO JACKETS!

GO JACKETS!

GO JACKETS!

GO JACKETS!

The Cheerleaders of the Hive

Questions **BY ANTHONY ORDWAY**

Answers provided by **Cheerleading Coaches, Kelli Gates, Jen Wiford, and Marcie Ludwig**

• **How did the cheer teams prepare for this years season?** Cheerleading is a year-round sport at Sidney High School. We start with try-outs in early March and start preparing for our competition season in May. We attend a choreography camp of 10+ hours for 2 days in May and then begin to practice in June and July for 8-10 hours weekly for the fair competition in July. We usually compete with all three high school squads, putting between 24-28 girls on the floor. This takes a lot of time and dedication on the girl's part to get a 3 minute routine completely perfected to get all 24-28 girls all doing the exact same thing. We attend a 4 day camp in July at Miami University in Oxford, where the girls learn cheers, chants and dances for the upcoming seasons. They also learn drills to perfect their daily cheerleading skills. Once their selected sport season begins, each squad begins practicing 2 – 3 days a week, 2-3 hours at a time to prepare for games. During the season, depending on the sport chosen to cheer for, there are many different things the girls do behind the scenes to prepare. For all the sports, each of the girls make locker signs for their designated players for each game. For football, the cheerleaders set aside a Saturday to make all the break-thru signs for the entire season. The football cheerleaders also make treat bags for the players for a couple big games throughout the season.

–Kelli Gates, Varsity Coach

• **Are there any competitions you have planned for this year?** We already competed in the Shelby County fair, where we placed 3rd for the 2nd year in a row, and we will be competing in the GWOC competition in December, which will be held at Trotwood High School on December 13th.

• **How often do your girls practice?**

Varsity Football Cheerleaders practice 2 days a week for 2 hours for football. We are currently preparing for our GWOC competition. Once basketball season starts, we will be practicing for 3 hours twice a week, and adding a third day if necessary. These girls really work hard!! –Kelli Gates, Varsity Coach

Practices are generally two nights a week for two to two and a half hours. As the GWOC competition approaches practices may increase to three days a week, for three hours.

–Jen Wiford, Varsity Soccer/JV Coach

The freshmen usually practice once a week for 3 hours. Now that we are getting ready for GWOC, and basketball is right around the corner, we'll be having practice twice a week, one day to focus on their tumbling skills and the other to critique the routine that consists of a cheer, chant, and dance.

–Marcie Ludwig, Freshman Coach

• **What do you enjoy the most about your cheerleaders this year?** This year's squad of Varsity Football Cheerleaders is the most talented squad I have coached in my 3 years at Sidney. The girls get along great and work well together. They have fun, but also work very hard. They are constantly working to make themselves better as cheerleaders and to get more recognition from the school and their peers. –Kelli Gates

Watching them grow as cheerleaders. They have improved so much from the June until now and are continuing to improve.

–Jen Wiford, Varsity Soccer/JV Coach

2008 Fall Sports Cheerleading Squads



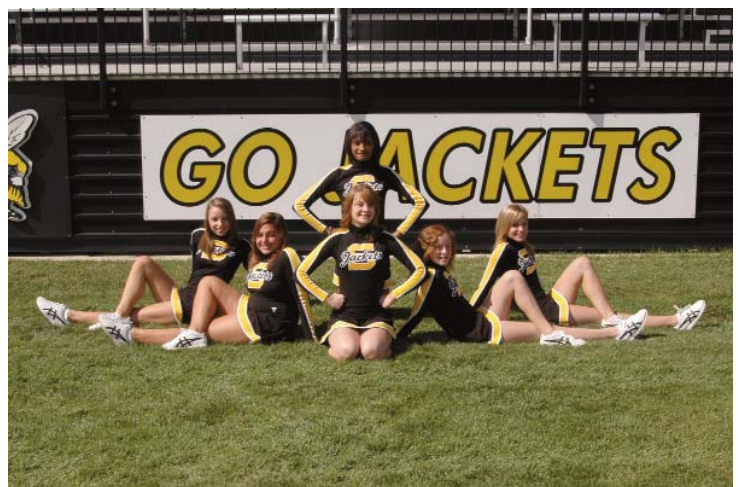
Varsity Football

Front row l-r: Tessa Davis, Dora Vines, Gina Macioce, Elicia Theophilus, Jessica Griffis; Back row l-r: Jami Kovacs, Chelsea Coraspe, Alexandra Ordway, Jenny Seeger, Stephanie Hendershot, Lesley Burdiss



Varsity Soccer

l-r Jessica Hull, Kearston Pellman, Shelby Lautner, Megan Myers, Haley Lenhart, Chelsea Elliott



Freshman Football and Basketball

l-r Kenleigh Immel, Lindsey Elliott, Jenni Clifford, Jasmine Glover, Emily Smith, Jessica Alexander

They are crazy fun! They have great personalities on and off the field. I love having a squad that works well with each other!

—Marcie Ludwig, Freshman Coach

•What is your favorite thing about cheerleading?

My favorite thing about cheerleading is the positive role model it gives for so many younger girls. It never amazes me at the number of little girls who are standing on the sidelines every week to watch the girls. This is something that I always try to stress to the girls as well. There is always someone, somewhere watching you that wants to be just like you. —Kelli Gates, Varsity Coach

My favorite thing about cheerleading is the competitions. It is the only chance we get to show off all our skills and prove that cheerleading is not just “pretty girls in skirts”.

—Jen Wiford, Varsity Soccer/JV Coach

I love it when a cheerleader sets a goal for herself and then reaches that goal. There is not one perfect cheerleader out there.....jumps can always be higher and motions can always be tighter.

—Marcie Ludwig, Freshman Coach

•What is your argument for cheerleading being a “real sport”?

There are many people who will say that cheerleading is not a sport, and that is their own opinion. For many of those people however, they have not been around cheerleading. All they see is us cheering on the sidelines at games. They do not see how hard these girls work at practice. People do not realize the strength and endurance that it takes to be a cheerleader. I can guarantee that my cheerleading practices are just as hard as some other sporting practices if anyone would like to come join us. The girls condition hard every practice and jump until their “legs feel like jello”. This group of girls have come so far in 3 years, and I think they have done a lot for Sidney Cheerleading as far as showing people it is a sport and also making it a positive group to be a part of.

—Kelli Gates, Varsity Coach

Cheerleading has evolved greatly from only leading cheers. Cheerleading is very competitive now consisting of hard gymnastic and acrobatic moves, especially for All Star cheerleading where high stunts and pyramids are performed. We condition our girls by running, lunges, push ups, lots of ab work, step ups and standing polymeric jumps and also lots of stretching. All of this is needed if one is going to have strong motions, high jumps and to be able to perform the advanced gymnastic moves. Endurance is also needed to keep up the high energy and spirit in the competition routine.

—Jen Wiford, Varsity Soccer/JV Coach

Cheerleaders work as hard to improve their motions, jumps, dance skills, and tumbling as a basketball player works to improve the way they shoot, or a football player who works to improve their throwing and catching abilities. There's no denying that cheerleading is a sport.....these girls work hard to look great in front of the fans! —Marcie Ludwig, Freshman Coach

•Please tell us about the girls and your experience at cheer camp this year.

This year we went to camp at Miami University for four days. The day began at 7am breakfast and reporting to the gym by 8am to begin learning. They learned cheers, chants and dances. Every day was 12 hours of nonstop cheer. We also did lots of team building activities to make all of our squads stronger teammates. At the end of each day, the most spirited and hard work-

ing teams received the “Spirit Stick”. Sidney received this two days in a row!! My favorite part was seeing the friendship and comradery develop amongst our girls, also seeing the improvement they achieved in only four days. —Jen Wiford, Varsity Soccer/JV Coach

Again, this group of girls are a lot of fun. They are made up of a very diverse group of girls, yet they all get along so well. Cheer camp is always interesting because no one ever wants to go in the beginning, but once they get there, they begin to bond, and get out of their comfort zone and meet new people. We, as coaches, put them in rooms with people they do not normally associate with so they have to make a new friend. We would also mix them up daily at breakfast, lunch and dinner so they would mingle with new faces as well. They would sometimes complain a little, but in the end those are the memories that they still talk about today.

—Kelli Gates, Varsity Coach

• Is there anything else you would like to add about your team?

I think many times people have this image of cheerleaders as the prissy, stuck up girls, but at Sidney, that is far from it. Sidney City Schools should be very proud of the group of girls they have representing them. They have given back to the community, changed the name of cheerleading, and become positive role models for all young girls. I'd also like to commend them on the community service project they do every year. Each year they work at Relay for Life to give back. This year I think they did even more than they have in the past. It is just really nice to see young adults giving back to the community like that. It was nice to see a large group of girls with Sidney Cheerleading shirts on out there helping those who were suffering, or just needed someone to put a smile on their face because times were rough. —Kelli Gates, Varsity Coach

Ten years ago the cheerleaders of Sidney were a competitive team, going to lots of competitions, not only around here but at a national level. They had the support of the school and community. We are working hard to gain this respect back and return the spirit the school once had. —Jen Wiford, Varsity Soccer/JV Coach

The freshman girls have a great start to the rest of their high school career in cheer. If they keep at it like they have so far, they will definitely build an awesome reputation as a fantastic cheer squad!! —Marcie Ludwig, Freshman Coach



THE HISTORY OF HALLOWEEN

HAUNTING HALLOWEEN FAVORITES

BY JEN SCOTT

It is often thought that Halloween is about witches, demons, ghouls, and ghosts and that it's about candy and being scared to death. Originally, that was not what Halloween was about.

Halloween has Celtic origins, dating back 2,000 years. The festival extended from the British Isles to Northwestern France. Originally called Samhain (Summer's End), it celebrated the end of Summer and the coming of Winter. It lasted for three days. The night before the festival, the Druid priests would sacrifice animals and crops to their gods and, in the morning, give an ember to each household to keep the home warm during the winter. Samhain was normally celebrated around November 1st.

In 835 AD, the Church created a holiday to counteract Samhain. They called it All Hallow's Day and the night before was All Hallow's Eve. The day after was called All Soul's Day and celebrated the lives of past Christians who had moved on to Heaven. On All Soul's Day, people would dress in costume. The typical costumes were devils, angels, and saints. The people would feast and celebrate through the night.

In Ireland, people began to go from house to house asking for food. The leader typically wore a white robe and a horse-head mask. In England, people begged for food on All Soul's Day and women made "soul cakes." When the beggars received this bread, they promised to pray for the souls of the dead.

In early America, people did not celebrate Halloween until the Irish and other British Isle immigrants started to arrive. Puritans do not count because they did not celebrate any holidays. The usual celebration had a bonfire, barn dances, and house parties. Eventually, it became a time to play pranks on neighbors. Soon, the pranks started to get quite dangerous and people found out that if they gave the pranksters treats, then they would not prank them. That is where the phrase "trick or treat" came from.

Nutritional information about those "FAVORITES"

BY EMILY OCKE

Of all the crazy and fun Halloween activities going on this month, healthy eating is probably last on the minds of many. The following nutrition facts may make candy eaters think twice before chomping down on Trick-or-Treats.

Calorie: Unit of energy in food.

General Guide to Calories:

40 Calories is low.

100 Calories is moderate.

400 Calories or more is high.

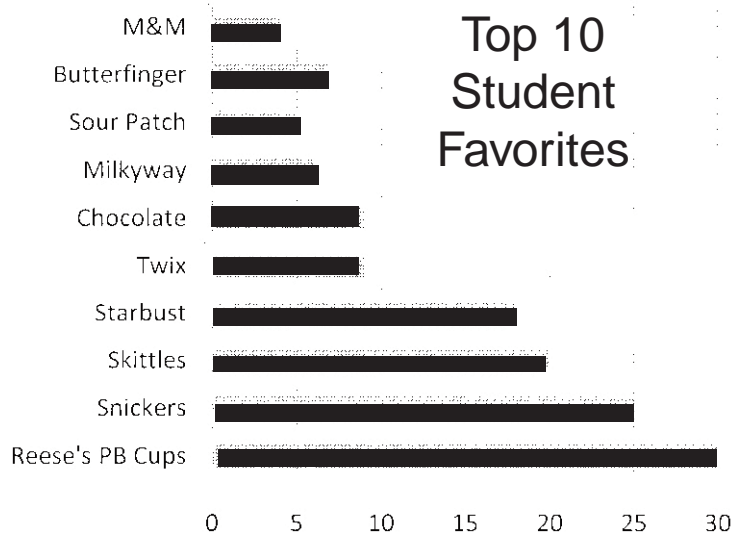
Calories from Fat make up approximately half of the number of total calories.

Note: the number of servings consumed determines the actual number of calories consumed.

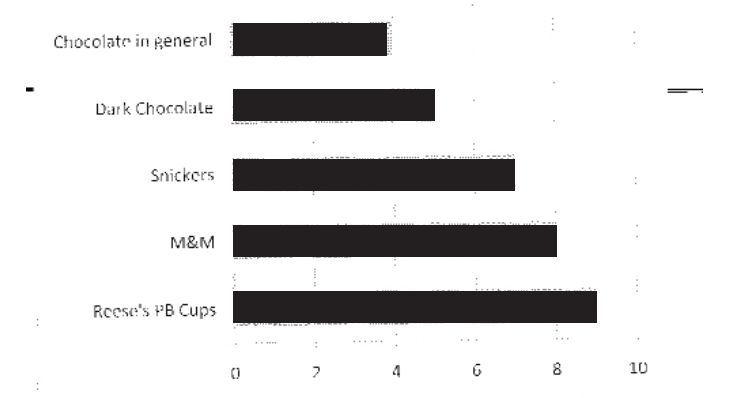
Eating too much **Fat (Trans and Saturated), Cholesterol, and Sodium** increase a person's risk of chronic disease such as heart disease and high blood pressure. Health experts recommend consumers keep the intake of these nutrients as low as possible.

<http://www.cfsan.fda.gov/~dms/foodlab.html>

GRAPHS BY HILLARY FISHBAUGH



Teacher Favorites



Candy	M&M's	Twix	Snickers	Skittles	Milky Way
Serving Size	1.69 oz	2 bars	1 pkg.	1 pack	1.76 oz
Calorie Count	240	280	280	250	220
Calories from Fat	90	130	130	25	70
Total Fat	10 g	14 g	14 g	3 g	8 g
Saturated Fat	6 g	11 g	5 g	2.5 g	5 g
Trans Fat	0g	0 g	0 g	0 g	0 g
Cholesterol	5g	5 g	5 g	0 g	5 g
Sugars	31 g	27 g	30 g	46 g	29 g

Candy	Starburst	Sour Patch Kids	Reese's Peanut Butter Cups	Butterfinger	Hershey's
Serving Size	1 pack	1.5 oz	1 sm. pkg.	1 bar	1 bar
Calorie Count	240	140	260	270	210
Calories from Fat	45	0	130	100	110
Total Fat	5 g	0 g	15 g	11 g	13 g
Saturated Fat	4.5g	0 g	6 g	6 g	8 g
Trans Fat	0 g	0 g	0 g	0 g	0 g
Cholesterol	0 g	0 g	< 5 g	0 g	10 mg
Sugars	34 g	29 g	25 g	0 g	24 g

WHAT ARE YOU GOING TO BE FOR HALLOWEEN?

BY JENNA BRANAM



"A Dead Gangster"
Paxton Brown
Sophomore



"President Obama"
Desmond Hudson
Freshman



"President McCain"
Cody Huffman
Junior



"A Fairy"
Tessa Olson
Senior



"A Pirate"
David Erb
Senior



"An Angel"
Megan Wolaver
Freshman



"Strawberry Shortcake"
Chelsae Wise
Junior



"The Blues Brothers"
Clay Jones & Jerry Branam
Sophomores



Happy Halloween

Reflections on our stay in Germany

BY CHAD BLUE

Four students from Sidney High School went on the German Exchange this past year, myself among them. Jen Scott, Jacob Meyer, and graduate Ben Feree all went as well. We visited castles and famous cities, we went to parties, we had good times, and we had bad times. Ben exchanged with Marvini, Jacob with Jan, Jen with Pia Leiding and Vanesca Rupert, and I exchanged with Maximillian Lutz. Marvin, Jan, Pia, and Max were all here February, last year. We had a few classwide trips, such as to the Cincinnati aquarium, and a few greeting and farewell parties at Jacob's cabin.

While in Germany we saw castles, we saw famous cities, and we saw many different kinds of food. I was in school the whole time I was there, and the school system was completely different. Schedules were based on the week, not the day, and you had so many periods worth of a class per week. If a teacher was gone on a certain day, you just had a different class.

The landscape was beautiful and the people were kind. The transportation was amazing because we could literally get anywhere in the country, and then go country to country. For a European native it is free, and you don't have to have a passport to get from country to country. But for a foreigner, passports and visas are required.

While we were there, the European National Soccer Cup was going on. The final was on my 18th birthday which I was able to celebrate while I was there. I went to 2 public viewings of the National Cup, and it can only be compared to an NFL tailgate party, times 10. 60,000 people crammed into an area for maybe 30,000, just to watch a soccer game on a giant TV. That is an accomplishment. Plus, one of them was held in a very old castle court yard.

Each of us had our own favorite aspect of being there. Jacob's was the culture. Jen's was the transportation and being able to get around very easily by train and bus. Mine was the diversity of the people you met and seeing the different nationalities in restaurants, and Ben's was the food.

German fast food is very different from American fast food. You have the standard American places, basically the same, and then you have foreign fast food places. I had a Turkish specialty, called a döner. This is basically a burrito, made from lamb's meat instead of beef. And, also, at both sit down and fast food restaurants, the food was made by the people from that country. Greek food was made by Greeks, Turkish food by Turks, etc. That was a change, and the food was amazing.

All in all, I would say that the exchange was very worth it and was the experience of a lifetime. If you ever have the chance to do something like this, take it, and have fun. This will stick with me for the rest of my life, and hopefully I can do it again and again.

As a matter of fact...

BY BETTY



Left-handed people live slightly shorter lives than right-handed people.

SHS students create mural art in "The Hive"

BY ANTHONY ORDWAY

"Diversity is not about how we differ. Diversity is about embracing one another's uniqueness." Ola Joseph

As students of Sidney High School are walking down the hall, they will notice the artistic handmade murals made by selected students of the school. These projects have been brought to life by the ideas of Mrs. Lori Spade and Mrs. Kelly Walker, Sidney High School art teachers, and their students.

Sidney High has three new large scale works of art, only two of which are complete. The first of the art pieces was completed in 2007 and can be seen in the entry way across from the attendance office window. The mural was designed by three Drawing IV students and then was enlarged and painted by Art Club. The piece took approximately 7 months to complete from start to finish.

The next completed piece was made by Art Club last year and features Sid (Sidney High School's mascot). It is a mosaic made entirely of colored glass. The process of this creation started with a pencil drawing on the prepared wall selected in "D" hall. Then, after the drawing was complete, the colored glass was randomly cut by a special glass cutting tool. The cut pieces were then glued to plywood to prepare for the final step of applying grout to the open areas between each piece of glass. The entire process took 6 months to complete.

The mural that students are currently creating will showcase around 500 individual tiles showing student individuality and inner artistic expression. Spade explained that she wanted to make a mural with as much student participation as possible. The art piece will do just that and is sure to catch the eyes of the students and visitors at Sidney High School. Spade and Walker also wanted a quote to be showcased within the work. They narrowed the quotes down to six that centered around respect and diversity and then allowed students in the Art Foundations class to vote on the quote that would be used, featured above. Spade also expressed her visions for more contemporary style mosaics which she hopes will showcase pop art-themed glass pieces which will also be made by the students at the school.

Both Mrs. Walker and Mrs. Spade encourage all students to find their creative expression and further challenge their minds through art. Joining Art Club is a way that Sidney High School students can do this and also have hands-on experience developing permanent art pieces within the school and community.



ATTENTION STUDENTS!!!

IF YOU WOULD LIKE TO SEE YOUR ART or WRITING FEATURED IN THE SIDNEY BUZZ, SEE MRS. CROFT IN ROOM E114 FOR DIRECTIONS.

The November issue deadline is Wednesday, October 29th

Read The Sidney Buzz Online

http://www.sidney.k12.oh.us/schools/shs/news_events.htm

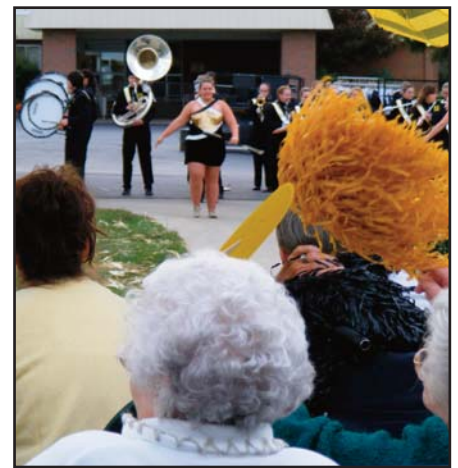
Fair Haven residents cheer on the Jackets

Residents at Fair Haven spent a chilly evening tailgating with the Sidney High School Marching Band before their trip to the Trotwood Madison game on October 3, 2008. Students arrived shortly after 6pm and performed for the residents who had gathered outside cheering for the Sidney Yellow Jackets and sharing fond memories of high school and college football. Two residents, Ellis Runyon and Tom Callahan (pictured below left to right) had specific memories and



accomplishments as Sidney High School football players. Callahan, a 1969 graduate of SHS, recalled vividly the years played on the team and their 30-0 record. He said of all the players on that team, all but one went on to play college football. He, himself, went on to play the guard position for Georgetown University. Ellis Runyon, a 1941 graduate, also remembered his SHS football times as number 42 and the 1937 season when they won everything. He also recalled memories of his brother, Floyd, number 21, half of his number, playing on the team with him. He had kept a memento of his years playing SHS football and brought along the small football figurine that was given to him at the 1937 football banquet. Both Runyon and Callahan remembered the years of the all-boys band and enjoyed hearing the Sidney High School band performance at Fair Haven.

Anita Miller, executive director of Fair Haven, said that the residents have had another tailgating event, prior to this one, to cheer on the OSU Buckeyes. The residents had spent time learning about the history of tailgating. They had done research to find out the origins of tailgating and what was typically served at these spirited events. She went on to say that although some of the original foods were wild game and fish, they were serving "wild" hot dogs and nachos. Along with those foods they had popcorn, chili, and other favorites prepared for the SHS band to enjoy after their performance. Go Jackets!



SHS Marching Band 2008

Answers provided by Mr. Chris Adams, Director of Bands

When does band practice/meet every day? The band meets every day, 9th period. During marching band season we extend our rehearsals to 2:50 pm so as to not conflict with other activities.

Are there any upcoming events you are looking forward to? The band performs in the "A Year in Review" Concert Tuesday Oct. 14th at 7 pm and Senior Night is Friday.

What performances - besides the games - can people come see the band? The band hosts Sensational Sounds every year, plus several parades, etc.

How many students are in the band this year? Is this up or down from last year? The enrollment is 62 this year which is up a little over 20 from last year. Next year we will grow at least another 20, maybe 30 +.

How did the marching band prepare for this year? The band held camp in July and had several rehearsals between camp & the beginning of school.

Tell us a little about this year's show.

This year's main show is BON JOVI featuring "You Give Love a Bad Name", "Wanted: Dead or Alive", and "Livin' on a Prayer". In addition the band performs a different halftime show for each home game. A few members of the band have been writing a "cadence"...it's not perfected yet, but maybe someday soon it will be ready for public performance....the title of the cadence is currently the "Unnamed Cadence"

Are students able to be involved in sports and also the marching band? It is extremely important to me that our kids are involved..in many activities. We have football players, golfers, cheerleaders, soccer players, tennis players, volleyball, baseball, softball, you name it....

If someone is interested in joining for next year what should they do? They can come see me....

HAPPENINGS AT THE HIVE

BY EMILY OCKE

Oct. 16	Freshman Football @ Butler	5:30 PM	Oct. 27	Academia	3:00 PM
	Wrestling (open mats)	7 - 8:30 PM		Boy's Basketball (open gym)	7 - 9:00 PM
Oct. 17	WOEA Day- NO SCHOOL!		Oct. 29	Boy's Basketball (open gym)	7:00 PM
	Varsity Football vs. Butler	7:30 PM	Nov. 3	Boy's Basketball (open gym)	2:30-4:00 PM
Oct. 18	JV Football @ Butler	10:00 AM	Nov. 5	Boy's Basketball (open gym)	2:30-4:00 PM
Oct. 20	Boy's Basketball (open gym)	7:00 PM	Nov. 6	MUSE Machine	
Oct. 22	Boy's Basketball (open gym)	7:00 PM	Nov. 10	Girl's Basketball (scrimmage) vs. Covington	6:30 PM
Oct. 23	Freshman Football vs. Troy		Nov. 11	Conferences - Early Dismissal	2:00 PM
	Student Government Blood Drive	6:00 AM - 3:00 PM	Nov. 13	Conferences - Early Dismissal	2:00 PM
Oct. 24	Varsity Football @ Troy	7:30 PM			
Oct. 25	ACT Test	7:30-12:30			
Oct. 26	Boy's Basketball (shooting)	7 - 8:00 PM			

If you have an event that you would like to be in the Sidney Daily News "Happenings at the Hive" and it is not listed here, please contact Mrs. Croft - croftm@sidney.k12.oh.us .



Student Artwork by:

(left)
Kira Lee,
Drawing I

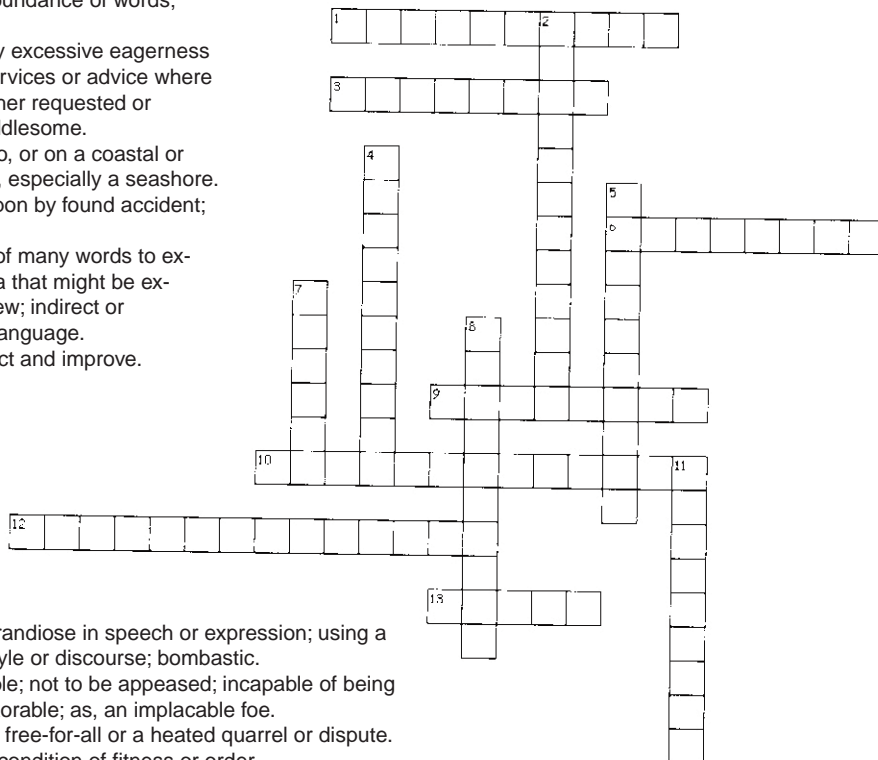
(right)
Avni Amratia
Art Foundations



Across Clues

- 1. Slight of hand or a display of skill, trickery, or artful deception.
- 3. An overabundance of words; wordiness.
- 6. Marked by excessive eagerness in offering services or advice where they are neither requested or needed; meddlesome.
- 9. Relating to, or on a coastal or shore region, especially a seashore.
- 10. Come upon by found accident; fortuitous
- 12. The use of many words to express an idea that might be expressed by few; indirect or roundabout language.
- 13. To instruct and improve.

WORDS OF THE DAY
BY ANTHONY ORDWAY



Down Clues

- 2. Lofty or grandiose in speech or expression; using a high-flown style or discourse; bombastic.
- 4. Not placable; not to be appeased; incapable of being pacified; inexorable; as, an implacable foe.
- 5. A brawl; a free-for-all or a heated quarrel or dispute.
- 7. A state or condition of fitness or order.
- 8. An enthusiastic admirer; a fan
- 11. A nickname; an assumed name; epithet.

Madden NFL 09
BY JON LEMASTER

Madden NFL 09 is an American football video game that was published by EA sports and developed by EA Tiburon. It is the 20th annual installment according to Wikipedia.

There is also the IGN Madden which is the ultimate Madden NFL 09 resource for trailers, screenshots, cheats, walkthroughs, release dates, previews, reviews, sound tracks and news. It can get pretty exciting for a lot of you out there.

The costs of Madden NFL.09 for different game systems is about \$59.99. Although if you are looking for the collectors edition it can be as much as \$85.00. Madden 09 features a host of new features including a new animation system for even great realism and immersion into the world of the NFL.

Madden 09 is one of the newest and most wicked football games Madden has ever had out. It has the most extreme tackles, plays and tons of more to check out. Check it out for yourself online at Madden NFL 09 and then see what you think about it.